Detailed Instructions for the Preparation of Articles

Presentation of Articles to PSYKHE According to the Norms of the American Psychological Association

Order of the Sections of the Article

1. The first page must show the title of the article in English and Spanish, name of the author or authors, their institutional affiliation and running head (shortened title which will be in the header of every page). The title of the article must be centered, in Century Schoolbook letter font 14 points, bold, with the first letters of the important words in capital letters (except articles, conjunctions and prepositions, unless they consist of four or more letters. Examples: the, of, Between, Against).

2. An abstract in English and Spanish must be presented in the second page, which must be 180 words maximum, and with three to five keywords in English and in Spanish below the corresponding summary.

3. In the third page the text of the article must begin, and must be written in Century Schoolbook letter 10 points font.

4. After the end of the text, the References must start on a separate page.

5. In the next page the Author's Note must be included, indicating the name of the author or authors, the institution in which each one of them works, and to which addresses mail and e-mail related to the article must be sent.

6. Footnotes must be listed on a separate page with superscript and in Arabic numerals. It is a policy of the journal to use footnotes rationally. They are mainly used to refer to permissions obtained to use copyrighted instruments, material, figures and charts, and not to explain aspects which must be clarified in the text.

7. The following pages should include the charts and then the figures, placing each one on a separate page. If there are annexes, they must be printed on a separate page.

Abstract

The summary of an empirical study must contain: (a) the topic researched, in one sentence, if possible; (b) the sampling design and the participants, specifying the simple type and relevant characteristics, such as gender and age; (c) the important aspects of the method (design, analyses done, technics or tests used; (d) the main results (no more than four or five) and (e) the main conclusions or implications.

The summary of a bibliographical revision or meta-analysis must contain: (a) the problem under investigation; (b) the criteria for the selection of the bibliography or studies; (c) type of participants included in the studies; (d) main results; (e) main conclusions (including limitations) and (f) implications for theory, policy, or practice.

The summary of a theoretical article must describe: (a) how the theory or model works as well as the principles it is based on and (b) the phenomena that the theory or model approaches or explains and its association with empirical results.

The summary of a methodological article must describe: (a) the general class of the method/s being discussed; (b) the essential aspects of the proposed method; (c) the range of application of the proposed method and (d) in the case of statistical procedures, some of the essential metric aspects, such as robustness, efficiency, validity, and reliability.

The summary of a case study must contain: (a) the relevant features of the individual, group, community or organization presented; (b) the nature of the problem or solution to the problem illustrated by the case presented and (c) the questions which arise for future research or theories.

The abstract must be written in a single paragraph with full indentation of 1.25 cm on both sides. Numerals must be written as numbers (example: 1, 5).
In the following line of the summary and abstract, (with 10 point space between the lines) the Palabras clave and Keywords are written with an indentation of 0.63 cm. and in italics. The actual keywords must be written in lower case and normal font. No full stop is needed. Example:

[Abstract text xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx]

Keywords: word, word, word, word, word

Author’s Note

The author's note should be organized as follows:

First paragraph (mandatory). Name of the author or authors with the full affiliation of the institution the authors belonged to when the study was being developed. The format is the following: name of the author or authors of the same institution, comma, name of the university department or school, comma, name of the University, comma, city (city is not added if the name of the University contains the name of the city), comma, country, semicolon, next author or authors from other institution/s, the city must be written, comma, state (if applicable), comma, country. Academic degrees are not written. Example:

Margarita Santander and Cecilia Acuña, Department of Psychology, Universidad de Chile, Santiago, Chile; Jorge Marambio, Department of Sociology, Universidad de Santiago, Chile; Felipe Acuña, Valparaiso, Chile.

Second paragraph (only if applicable). Change of affiliation after the time when the study was conducted, identified in the following way: [name of the author] belongs now to [affiliation]. In the affiliation it must be pointed out: the department, comma, university, comma, city, comma, country. Example:

Jorge Marambio belongs now to the Department of Psychology, Universidad de Chile, Santiago, Chile.

Third paragraph (only if applicable). Special circumstances which must be pointed out, such as data used in previously published articles, Doctoral or Master's theses, or conflicts of interest. Example:

The article is part of the thesis submitted to obtain the Master's Degree in Psychology at Universidad de Chile.

Fourth paragraph (only if applicable). Acknowledgments.

Fifth paragraph (mandatory). Author which must be contacted. The format is: Correspondence concerning this article should be addressed to [name of the author], [current affiliation in full], [full address], [city], [country]. E-mail: [electronic address] (with no full stop) Example:

Correspondence concerning this article should be addressed to Margarita Santander, Department of Psychology, Universidad de Chile, Avda. Bernardo O'Higgins 340, Santiago, Chile. E-mail: msantander@uchile.cl

Each paragraph must be written with an indentation of 0.63 cm; a space of 2 points is left between the paragraphs.

In the Text

Headings

The format which must be used to write the headings in the text is the following:

Level 1: centered heading, font size must be 10 points, bold, capital letters for the important words.

Level 2: heading aligned to the left, font size must be 10 points, bold, capital letters for the important words.

Level 3: heading of paragraph with an indentation of 0.63 cm, font size must be 10 points, bold, capital letters only for the first letter of the first word, ends with bold period. The paragraph begins after this, starting with capital letter and normal font.

Level 4: heading of the paragraph with an indentation of 0.63 cm, font size must be 10 points, bold and italic, capital letters only for the first letter of the first word, ends with bold and italic period. The paragraph begins after this, starting with capital letter and normal font.
**Level 5:** heading of the paragraph with an indentation of 0.63 cm, font size must be 10 points, italic, capital letters only for the first letter of the first word, ends with italic period. The paragraph begins after this, starting with capital letter and normal font.

In articles with one level the level 1 heading is used; in articles with two levels, the headings for levels 1 and 2 are used, and so on.

**Example for three heading levels:**

<table>
<thead>
<tr>
<th>Method</th>
</tr>
</thead>
<tbody>
<tr>
<td>Procedure</td>
</tr>
<tr>
<td>Pre-training period. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx</td>
</tr>
</tbody>
</table>

**Example for four heading levels:**

<table>
<thead>
<tr>
<th>Experiment 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Method</td>
</tr>
<tr>
<td>Stimulus materials. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx</td>
</tr>
<tr>
<td>Auditive</td>
</tr>
<tr>
<td>stimulus. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx</td>
</tr>
</tbody>
</table>

**Example for five heading levels:**

<table>
<thead>
<tr>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study 1</td>
</tr>
<tr>
<td>Method. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx</td>
</tr>
<tr>
<td>Procedure. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx</td>
</tr>
<tr>
<td>Pre-training period. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx</td>
</tr>
</tbody>
</table>

The introduction section has no heading (it is left implicit). Placing only one heading on one section must be avoided; use at least two subsection headings in a section or use none.

**Seriation**

a) To indicate the ordering of elements in a series within a paragraph or sentence, use lowercase in parentheses. **Example:**

The three options of the participants were (a) working with another participant, (b) working in teams, or (c) working alone.

Within a sentence, use commas to separate three or more elements which do not have internal commas, otherwise, use semicolon.

b) To indicate the ordering of separate paragraphs, number each paragraph with an Arabic numeral, followed by a period. The second line and the following ones must be aligned at the beginning of the text of the first line. The first and last paragraphs must have a space of 4 points in relation to the text (between the other enumerations no space is left). **Example:**
The data was studied using the following analysis:

1. Descriptive statistical analysis, intended to account for the behavior of the sample...
2. Factor analysis through principal axis method using Varimax rotation for...
3. Computation of the correlation between the total scores obtained by...

c) If numbering the elements may produce an unwanted order of importance of them, a bullet may be used, such as •. Example:

   The statistical analyses were the following:
   ▪ Descriptive statistical analysis, intended to account for the behavior of the sample...
   ▪ Factor analysis through principal axis method using Varimax rotation in order to...
   ▪ Computation of the correlation between the total scores obtained by...

Numbers

The following numbers must be written in words:

   ▪ Those which start a sentence.
   ▪ Numbers under 10 (example: the first two items).
   ▪ Common fractions (example: a fifth of the participants).

The following numbers must be written in numbers:

   ▪ Numbers 10 and greater.
   ▪ The ones which appear in the Summary and Abstract, charts and figures.
   ▪ Numbers under 10 which appear on a sequence where there also are numbers greater than 9 (example: the children were 6, 7, and 10 years old).
   ▪ Those which precede a unit of measurement (example: a 5-mg dose).
   ▪ Those which represent statistical or mathematical functions, fractional quantities or decimals, percentages, ratios, percentiles, deciles and quartiles (examples: $F(2, 40) = 3.15$; multiplied by 5; 7.3; 3 times greater (proportion); more than 7% of the sample; a ratio of 10:1; percentile 5).
   ▪ Those which represent times, dates, ages, scores or points in a scale, exact sum of money (examples: 2 hours 40 minutes, 3 years 2 months, at 5:30 PM, the participants who scored 4 points or more on a 7-point scale). Exception: years, months and days approximations (example: five years ago).
   ▪ Those that denote a specific place in a sequence, parts of books and tables (examples: Table 5, line 6).

Use of Capital Letters and Punctuation Marks

**Capital Letters**

Capital letters are used as in general English or Spanish. Nevertheless, some specifications are needed.

**Use capital letters in:**

   ▪ The first word after a colon in English. Example: Violence in schools: A longitudinal study.
   ▪ Main words in book titles and articles within the body of an article. Examples: In the book Metodología de la Investigación Cualitativa, Rodriguez, Gil y García (1999) emphasize that ... The main criticisms that can be made to the article “Actitudes de los Trabajadores Sindicalizados” is that...
   ▪ Main words in Level 1 and Level 2 headings of the article.
   ▪ Main words in titles of tables and figure captions of the article. Example: Sample Size, According to Level of Education and Experimental and Control Groups.
   ▪ Reference to titles of sections within the article. Example: as it is explained in the Method section.
   ▪ Names of journals, newspapers. Examples: Developmental Psychology, La Segunda.
   ▪ Name of specific departments or schools of a university, name of a specific university or a specific course. Examples: Escuela de Psicología, Pontificia Universidad Católica de Chile, Methodology and Research course.
   ▪ Names of drugs (commercial names) and equipment. Examples: Haldol (but not in haloperidol), Xerox, Web.
   ▪ Nouns followed by numbers or letters which refer to a specific place in a numbered series. Examples: As it is shown in Table 2 Chapter 2, FONDECYT Project 3456789, Experiment 3, Conditions A and B of an experiment.
- Names of instruments or test. **Example:** The Minnesota Multiphasic Personality Inventory.
- Names of factors or effects. **Example:** the Retaliation factor.
- The terms factor, variable or effect when they are followed by a number. **Examples:** Factors 2 and 5, Component 1.
- Effects or variables when they appear with a multiplication sign. **Example:** the interaction Sex x Age x Weight.

**Do not use capital letters in:**
- The first word after a colon in Spanish. **Example:** Violencia escolar: un estudio longitudinal.
- Names of theories, laws, models, statistic procedures or hypotheses. **Examples:** the theory of significant learning, the grounded theory, the systemic family therapy model, a \( t \) test of two groups, the divorce law.
- Main words in titles of books and articles in the reference list; only use capital letters in the first word. **Example:** Rodriguez, G., Gil, J. & García, E. (1999). *Metodología de la investigación cualitativa* [the reference follows].
- Main words in Levels 3, 4 and 5 headings with indentation of the article; only use capital letters in the first word and in proper nouns.
- Main words in the labels of tables and figure captions in the article. **Example:** Number of students.
- Name of unspecific departments or schools, unspecific courses and names of professions. **Examples:** a psychology school, and introductory course to psychology, the psychologist.
- Generic drug names. **Examples:** haloperidol, acetylsalicylic acid.
- Nouns followed by numbers or letters which refer to common places of books or tables. **Examples:** In paragraph 4; in column 5 of Table 1.
- The words such as test or scale when they refer to subscales of an instrument or test. **Example:** MMPI Depression scale.
- Names of conditions or groups in an experiment. **Example:** experimental and control groups.
- Effects or variables when they appear without a multiplication sign. **Example:** a small effect related to age was observed.

**Quotation Marks**

**Use double quotation marks:**
- The first time that a term of phrase is used as an ironic comment, as slang, idiom, or invented word or expression. Do not use quotation marks the next time the word is used. **Example:** It can be said that those children had a “normal” behavior... Then: the normal behavior...
- To refer in the text to articles of journals or book chapters. **Example:** The article by Oviedo and Campo-Arias (2005), “Aproximación al Uso del Coeficiente Alfa de Cronbach”...
- To quote some author verbatim (when the quote is less than 40 words long).
- To refer to short instructions (less than 40 words) given to participants. **Example:** The participants were told: “Open the exercise book on Page 4”.

**Do not use double quotation marks:**
- To quote an author verbatim when the quote is 40 or more words long. The quote is written with an indentation of 0.63 cm on both sides, with no quotation marks.
- To refer to instructions given to the participants of 40 words or more. The instruction is written with an indentation of 0.63 cm on both sides, with no quotation marks.
- To identify the anchors of a scale. Instead of that, use italics. **Example:** The items were scored on a Likert scale of 4 points, from 1 (never) to 4 (always).
- To quote a letter, word, phrase or sentence as a linguistic example. Instead of that, use italics. **Example:** The distinction between sex and gender must be made.
- To introduce a technical term or concept. Instead of that, use italics. When the term is used again, use normal font. **Example:** It is necessary to define the concept of leadership. Then: leadership.
- To accentuate or highlight. **Example:** No: The participants were “thanked” for their cooperation. **Yes:** The participants were thanked for their cooperation.
Hyphenation

There are two types of hyphens or dashes used: the em dash (or long hyphen —) and the short hyphen (similar or equal to a minus sign -).

Use an em dash (or long hyphen):

- To introduce a phrase which specifies something about what it is being pointed out, interrupting the discourse. In Spanish a space is left before and after the dash which separates the normal discourse. Example: La evidencia mostrada da cuenta de la creciente participación de los niños —acorde con su desarrollo— en la toma de decisiones. In English no space is left.
- On a dialogue to indicate that another person is speaking. Example:
  — And what have you told them?
  — That I did not agree, that I thought it was unfair.

Use a short hyphen:

- To separate words, or page numbers. Examples: item-test correlation, poly-symptomatology, descriptive-analytical methodological design, pp. 304-309.

Italics

In general, italics must not be overused.

Use italics:

- For titles of books, journal, newspapers, films, videos (Introduction to Qualitative Research Methods, American Psychologist).
- In the scientific names of animals and plants (zinnia elegans).
- To identify the anchors of a scale. Example: The items were graded on a 4-point Likert scale, from 1 (never) to 4 (always).
- To quote a letter, word, phrase or sentence as a linguistic example. Example: The distinction between sex and gender must be made.
- To introduce a technical term or concept. The following occasions in which the term is used, use normal font. Example: It is necessary to define the concept of leadership. Then: leadership.
- In words which could be misinterpreted.
- In letters used as statistical symbols o algebraic variables (Cohen's d, Student's t, a/b = c/d).
- In some test scores or scales (Rorschach scores: F+,%, Z; MMPI scales: Hs, Pd).
- In the volume numbers of journals in the reference list (American Psychologist, 38, 50-59).
- To refer to terms or concepts in a language different than Spanish or English, in accordance with the language used in the paper. See exceptions.

Do not use italics:

- In Latin expressions of common use in Spanish or English which appear in the Diccionario de la Real Academia Española (a priori, a posteriori, de facto, et al., ex profeso, grosso modo, hábeas corpus, in situ, in vitro, ipso facto, lapsus linguae, modus vivendi, motu proprio, per se, post hoc, sui géneris, statu quo, vademécum, vox pópuli), for English terms frequently used in Spanish (test, software), or anglicized Latin terms commonly used in Spanish or English (versus).
- In chemical terms (LSD).
- In trigonometric terms (log, sin).
- In non statistical subscripts of statistical signs ($F_{\text{max}}, S_A + S_B$).
- In Greek letters ($\beta, \chi^2$)
- In superscript ($S^9$).
- To emphasize.

Tables

Tables must be formatted as Word tables and must be centered on the page. The font size depends on the size of the table. If it is very small, use font size 10, if it is medium, use font size 9, and if it is large, use font size 8. Use only two horizontal lines at the top (or three, according to the columns heading) and one at the
bottom (simple lines of ½ point). Do not use vertical lines and limit the use of other horizontal lines to those which may be necessary in order to give greater clarity to the organization of the information.

The title of the table must be placed at the top, starting where the table begins and finishing where the table ends, leaving a simple space between the title and the table itself. The title must be written in italics (not Table X) and only the main words must start with capital letters (do not use capital letters for articles, conjunctions, or prepositions, unless they are four letters long or more).

The labels of the columns must be centered (including the label of the first column) and capital letters should be used only in the first word. The labels of the rows must be justified to the left and capital letters should be used only for the first word.

Figures with decimals must have the same number of decimals places and, if possible, no more than two (unless the information presented makes it necessary; \( p \) values must be written with 3 decimals). Figures in the body of the table must be centered, keeping the alignment of the numbers towards the right. When figures contain decimals, they must be aligned at the decimal period (or the comma in Spanish), and when figures are written with comma for thousands (or period in Spanish), they must be aligned at the comma (or the period in Spanish).

The table’s notes must be placed under the corresponding table and the font used must be one point smaller than the one used in the body of the table. Notes must follow this sequence: general note, specific note, probability note.

a) General notes about the table must be indicated by the word Note (in italics), followed by a period also in italics.

b) Specific notes about a column, row, or particular entry must be indicated through superscript lowercase letters. Within the headings and table body, order the subscripts, from left to right and from top to bottom, starting at the top left.

c) Probability notes are pointed out with asterisks and should indicate the values for which the null hypothesis is rejected, specifying the probability (\( p \) value). The same number of asterisks must be assigned to an alpha level given from table to table within the article. The lesser number of asterisks must be assigned to the largest probability. Example: \( *p < 0.05, **p < 0.01, ***p < 0.001 \).

Tables must be numbered with Arabic numerals in the order in which they are mentioned for the first time within the text. Each table must also have a brief but clear and explanatory title.

The information that appears in the tables must not be repeated on the text.

Every table must be cited in the text of the article in order to inform the reader what to look for, referring to them by their numbers. Examples: “... (see Table 1)” or “In Table 1 it can be observed that...”.

When publishing the article, tables included on separate sheets will be inserted in the text. Therefore it must be specified in the document where, approximately, each table should be inserted, in the following way:

[Insert Table 1 approximately here]
### Examples of Tables

**Table 1**  
*Correlation Between the Dependent Variables*

<table>
<thead>
<tr>
<th>Variables</th>
<th>Witness of violence</th>
<th>Victim of violence</th>
<th>Perpetrator of violence</th>
<th>Aggressive victim of violence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Witness of violence</td>
<td>0.40</td>
<td>0.30</td>
<td>0.35</td>
<td></td>
</tr>
<tr>
<td>Victim of violence</td>
<td></td>
<td>0.52</td>
<td>0.48</td>
<td></td>
</tr>
<tr>
<td>Perpetrator of violence</td>
<td></td>
<td></td>
<td>0.60</td>
<td></td>
</tr>
</tbody>
</table>

$p < 0.01$

- It is a small table and, therefore, the font must be 10 points.
- Center the labels and values within the cells, keeping the alignment of the numbers to the right.
- Leave 4 points of space before and after the column labels.
- Leave 3 points of space before and after the row labels.
- Leave 2 points of space between the table and the note.
- The note is one point smaller than the body of the table (9 points).

**Table 2**  
*Sample Size, According to Level of Education and Experimental and Control Groups*

<table>
<thead>
<tr>
<th>Level of education</th>
<th>Experimental group</th>
<th>Control group</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th grade</td>
<td>242</td>
<td>193</td>
<td>435</td>
</tr>
<tr>
<td>6th grade</td>
<td>192</td>
<td>213</td>
<td>405</td>
</tr>
<tr>
<td>7th grade</td>
<td>235</td>
<td>238</td>
<td>473</td>
</tr>
<tr>
<td>8th grade</td>
<td>207</td>
<td>211</td>
<td>418</td>
</tr>
<tr>
<td>9th grade</td>
<td>334</td>
<td>324</td>
<td>658</td>
</tr>
<tr>
<td>10th grade</td>
<td>316</td>
<td>289</td>
<td>605</td>
</tr>
<tr>
<td>11th grade</td>
<td>241</td>
<td>276</td>
<td>517</td>
</tr>
<tr>
<td>12th grade</td>
<td>250</td>
<td>183</td>
<td>433</td>
</tr>
<tr>
<td>Total</td>
<td>2,017</td>
<td>1,927</td>
<td>3,944</td>
</tr>
</tbody>
</table>

1 Number of students who answered the questionnaire.

- It is a medium sized table and, therefore, the font is 9 points.
- Center labels and values within the cells, keeping the alignment of the numbers to the right.
- Leave 4 points of space before and after the column labels.
- Leave 3 points of space before and 2 points of space after in the first row of the body of the table.
- Leave 2 points of space before and after the following row, except for the last one.
- Leave 2 points of space before and 3 points of space after the last row.
• Leave 2 points of space between the table and the note.
• The note is one point smaller than the body of the table (8 points).

<table>
<thead>
<tr>
<th>Raw score</th>
<th>Total</th>
<th>Sex</th>
<th>SES</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Men</td>
<td>Women</td>
</tr>
<tr>
<td>0-3</td>
<td>5.2</td>
<td>5.1</td>
<td>5.2</td>
</tr>
<tr>
<td>4-6</td>
<td>7.3</td>
<td>7.0</td>
<td>7.6</td>
</tr>
<tr>
<td>7-9</td>
<td>11.7</td>
<td>10.2</td>
<td>13.2</td>
</tr>
<tr>
<td>10-12</td>
<td>13.8</td>
<td>15.2</td>
<td>12.5</td>
</tr>
<tr>
<td>13-15</td>
<td>14.7</td>
<td>15.0</td>
<td>14.4</td>
</tr>
<tr>
<td>16-18</td>
<td>14.4</td>
<td>13.1</td>
<td>15.6</td>
</tr>
<tr>
<td>19-21</td>
<td>14.1</td>
<td>14.9</td>
<td>13.5</td>
</tr>
<tr>
<td>22-24</td>
<td>9.7</td>
<td>10.2</td>
<td>9.2</td>
</tr>
<tr>
<td>25-27</td>
<td>6.7</td>
<td>6.9</td>
<td>6.6</td>
</tr>
<tr>
<td>28-30</td>
<td>1.7</td>
<td>1.7</td>
<td>1.7</td>
</tr>
<tr>
<td>31-34</td>
<td>0.7</td>
<td>0.7</td>
<td>0.4</td>
</tr>
<tr>
<td>M</td>
<td>14.9</td>
<td>15.1</td>
<td>14.7</td>
</tr>
<tr>
<td>SD</td>
<td>6.9</td>
<td>6.9</td>
<td>6.9</td>
</tr>
<tr>
<td>n</td>
<td>1924</td>
<td>961</td>
<td>963</td>
</tr>
</tbody>
</table>

SES: Socioeconomic status.

• It is a large table and, therefore, the font size is 8 points.
• Center labels and values within the cells, keeping the alignment of the numbers to the right.
• Leave 4 points of space before and after the column labels.
• Leave 3 points of space before and 1 point of space after the first row of the body of the table.
• Leave 1 point of space before and after the following row, except for the last one.
• Leave 1 point of space before and 3 points of space after the last row.
• Leave 2 points of space between the table and the note.
• The note is one point smaller than the body of the table (7 points).

Figures

A figure is any kind of illustration other than a table. Thus, a figure can be a graphic, a photograph, a drawing, a map, or a diagram.

The figure must be centered on the page.

Number all the figures sequentially, with Arabic numerals, in the order in which they are mentioned in the text. In the same way, refer to the figures in the text by their numbers. Examples: “As it is shown on Figure 3...” or “... (see Figure 3)”. The figure must be centered on the page.

Under the figure a number must be placed (in italics) and its title (in normal font) after a period in italics and a space. Use capital letters only for the first letter of the first word and the first letter of the proper names of the title. The title should explain the figure using a brief but descriptive phrase. It is included below the figure, but without being a part of it. So, any title within the figure must be eliminated. Example:

Figure 1. Distribution of the attachment styles in the sample.

The legend explains any symbol used in the figure and must be part of it (use capital letters for the main words and 4-letter or longer words).
Immediately after the title, add any additional information which may be needed to clearly understand the figure (not as a Note). **Example:**

*Figure 1.* Distribution of attachment styles in the sample. The attachment styles are: secure (S), insecure evasive (IE), insecure ambivalent (IA), and insecure disorganized (ID).

The reader should not need to refer to the text in order to understand the figure. Always explain units of measurement, symbols, and abbreviations that are not included in the legend.

Submit the figure to the Journal in the program in which it was created, so that it can be edited, if necessary.

**Report of Statistical Information**

Statistic symbols and parameters must be written in italics (examples: \( M, SD, t, p, r, F, N \)), except for those written in Greek (\( \beta, \chi^2 \)) and non-statistical subscripts of statistical symbols (\( F_{\text{max}}, S_{\text{A}} + S_{\text{B}} \)).

Enough information must be given for the reader to fully understand the analysis performed. The information reported must allow to confirm the basic analyses and to give possible alternative explanations to the results. Therefore, in addition to the basic results associated with the null hypothesis test, further information must be given, such as the effect size, confidence interval, and other additional descriptions in order to that the reader fully comprehend the meaning of the results.

When speaking in the text of difference or effect, it is supposed to be significant, so it is not necessary to point it out.

**Mean and standard deviation.** When a value of the mean is reported (either in the text or in parentheses), it must always be accompanied by the standard deviation. **Example:** The average age was 35 years (\( SD = 6.8 \)).

**Chi square.** When Chi square results are reported, besides the value of \( \chi^2 \), the degrees of freedom, sample size, and the exact probability of error \( \alpha \) must be given (with 3 decimals), as pointed out in the following **example:** The sample included 30 single people, 54 married people, 26 divorced, and 16 widows. These frequencies were significantly different, \( \chi^2(3, N = 126) = 10.1, p = 0.017 \). Some statistic programs only deliver a limited number for decimals for \( p \) and often the value given is 0.000. As \( p \) is a probability and not a certainty, in those cases it must be reported as \( p < 0.001 \). Often, when calculating \( \chi^2 \), one or more cells have expected frequencies under five, which inflates such value. If this is the case, the number of cells which expected frequency lower than five must be pointed out.

**Pearson’s correlation coefficient (r).** When reporting results of the Pearson’s correlation (\( r \)), besides the \( r \) value, the sample size used to calculate the correlation must be pointed out (in parentheses and with no space between \( r \) and the parentheses) along with the exact probability of error \( \alpha \) (with 3 decimals). **Example:** The correlation between both variables was \( r(365) = 0.32, p = 0.008 \). The same comment included above regarding \( p \) values provided by statistical programs applies in this case.

When a table with the correlations is included, a column must be added to point out the exact probability of error \( \alpha \) of each correlation. An alternative is to point out at the foot of the table the error \( \alpha \) probability of each correlation, generally with asterisks: * for \( p < 0.05 \), ** for \( p < 0.01 \) and *** for \( p < 0.001 \).

**Student’s Test.** When the results of a Student’s test are reported, besides the \( t \) value, the degrees of freedom must be pointed out (in parentheses and with no space between \( t \) and the parentheses), the exact probability of error \( \alpha \) (when the test is bilateral it is not necessary to point it out; when it is unilateral it must be reported; \( p \) must be reported with 3 decimals), some measure of the effect size (strength of association between variables), such as Cohen’s \( d \) and the confidence interval of the means (CI) in brackets, the upper limit and the lower limit separated by a comma and a space, preceded by the significance level. The significance level must be uniform throughout the text and corresponding tables. The comment above regarding the value of \( p \) provided by statistical programs also applies in this case. **Examples:**

The participants in the program were older (\( M = 24.24, SD = 2.63, n = 17 \)) than the control group (\( M = 20.65, SD = 2.52, n = 20 \)), \( t(35) = 4.23, p < 0.001, d = 1.39, 95\% \text{CI} \ [1.86, 5.31] \).
After the treatment for anxiety, the experimental group had a lower mean of the anxiety score ($M = 20.46$, $SD = 2.11$, $n = 13$) than the group which did not receive the treatment ($M = 24.00$, $SD = 3.06$, $n = 13$); therefore, it can be concluded that the treatment lowered anxiety levels, $t(24) = -3.44$, $p = 0.004$ (unilateral), $d = -1.35$, 99% CI [-6.42, -0.66].

**Variance analysis.** It may be related to one factor or more (factorial).

**One factor.** When reporting the results of a one factor analysis of variance, besides the value of the $F$ ratio, indicate the degrees of freedom of the numerator and denominator (in parentheses separated by a comma and with no space between the $F$ value and the parentheses), the exact probability of error $\alpha$, some measure of the size of the effect (strength of the relation), which may be Eta squared ($\eta^2$) or the determination coefficient ($r^2$), and the confidence interval for the mean in each condition (CI) in brackets, the upper limit and the lower limit separated by a comma and a space preceded by the significance level. It is not necessary to repeat the significance level for the confidence interval of the mean in each condition. Also, the means, standard deviations and sample sizes must be pointed out for each cell (condition) and the results of the analysis of homogeneity of variances and of the post-hoc hypothesis analysis. **Example:**

The 12 participants who received a high dose had a reaction time of 12.6 seconds ($SD = 1.4$); the nine participants who received a moderate dose had a reaction time of 7.7 seconds ($SD = 2.1$), and the eight participants of the control group had an average of 6.1 seconds ($SD = 1.1$). The Levene’s test (1.54, $p = 0.23$) allows us to conclude that the variances of the three groups may be considered equal. Therefore, an effect of the dosage was found, $F(2, 26) = 46.24$, $p < 0.001$, $r^2 = 0.78$, 95% ICs [11.7, 13.5], [6.0, 9.3], and [5.2, 7.1], respectively. The Scheffé’s test revealed that the differences were produced between the group which received a high dose and the other two ($p < 0.001$), while the group which received a moderate dose did not differ from the control group ($p = 0.157$).

**Factorial.** When the results of a factorial variance analysis are reported, besides the value of $F$ ratio, indicate the degrees of freedom of the numerator and denominator (in parenthesis separated by a comma and with no space between the $F$ value and the parentheses), the exact probability of error $\alpha$, some measure of the size of the effect (strength of the relation), which may be Eta squared ($\eta^2$) or the coefficient of determination ($r^2$), and the confidence interval for the mean in each condition (CI), in brackets, the upper limit and the lower limit separated by a comma and a space preceded by the significance level. Besides the means, standard deviations and the sample size must be pointed out for each cell (condition). When there is too much information, it is necessary to report it in a table, not repeating it in the text, but instead referring to the table in the text.

**Linear Regression.** When reporting the results of a linear regression, indicate the standardized coefficients (betas) and their associated probabilities ($p$), as well as the square of the multiple correlation coefficient ($R^2$) and the $F$ ratio, the degrees of freedom of the numerator and denominator (in parentheses separated by a comma and with no space between the $F$ value and the parentheses), the probability of error ($p$) and the confidence interval for the betas (CI) in brackets, the upper limit and the lower limit separated by a comma and a space preceded by the security level. It is not enough to say that a given percentage of the variance is explained; it must be specified which variable or construct variance is explained. **Example:**

Achievement scores were regressed considering the size of the class and the amount of tasks assigned. These two predictors explained almost half of the variance of the achievement test scores ($R^2 = 0.49$), $F(2, 289) = 12.5$, $p = 0.005$. Both the number of tasks assigned, $\beta = 0.46$, $p = 001$, 95% CI [0.39, 0.55], and the size of the class, $\beta = 0.28$, $p = 0.014$, 95% CI [0.20, 0.35], had effects on the achievement scores.

**Missing values.** In any analysis carried out, missing values must be reported, either as an absolute or relative frequency. In addition, authors must point out how they were handled in the analysis and how they affected the results.
Ethical Considerations

The following ethical aspects must be considered:

**Error reporting.** If the author of an article notices, after submitting it to the journal, or even after it has been published, that there is a mistake in the analysis or interpretation of data, he/she must inform the journal about it. Likewise, the author must not conceal information which may seem problematic in his/her research, and should report it.

**Data retention.** The author of the article must be willing to provide all the information that the editor of the journal may request. If he/she does not, his/her article may not be published. Once published, the author of the article must be willing to submit the data to other qualified researchers who may request him/her to do so in order to confirm the analysis and the results. The data must be available for at least five years after the publication of the article.

**Data duplication.** Data duplication is forbidden, and refers to the duplication of data or ideas in two or more sources. If there is any slight duplication, this must be pointed out in the Author’s note. Also, if with the information obtained from a study several articles will be written, the author must inform about this situation to the editor of the journal in order for him to determine if several articles can be published or if the information must be given as a whole in one article. If figures or tables are going to be reused from other articles, the author must expressly point this out through a foot note.

**Plagiarism and self-plagiarism.** The researcher must give credit for all the information and ideas of another author, paraphrasing or quoting the author of those ideas. Besides, if the study resulted from a suggestion given by another author in the conclusions of his/her article, this must be also acknowledged. Furthermore, there must not be self-plagiarism, which is to present information, terms, or ideas as original when they have already been published in another article or book. If it is necessary to refer to them, the original source must be clearly referenced.

**Rights and confidentiality of participants.** The researcher must follow and report in his/her article the ethical standards followed in relation to the participants of the study. If this is not done, the journal may choose not to publish the article or to retract the article after it has been published. Special care must be taken with the confidentiality of the information given by the participants and the safekeeping of their identities, as well as that of their families.

**Conflict of interest.** The author of the article must point out in the Author’s Note any situation that the readers may interpret as a conflict of interest, for example, owning the copyright to an instrument used in the study or being biased against other instruments.

**Use of unpublished instruments, procedures or data.** If another author’s instrument, procedure or data is used, the author of the article must request his/her consent to use it, reporting it on a footnote in the appropriate place.

**Use of copyrighted or trademarked instruments, procedures, or data.** If the instrument or procedure is under copyright or trademark, the consent granted by the author, the royalties paid, or any other actions required for their use must be pointed out. It is strictly forbidden to use copyrighted instruments or procedures without their owner’s consent, or through techniques such as illegal copying.

**Citing References in Text**

**Non-verbatim quotations.** Everything which is not originally by the authors of the article must be cited, pointing out the author or authors and the year of the publication of the reviewed work. This information must be exactly the same as the one that appears in the alphabetic reference list at the end of the article. Example: ...non-verbatim idea (Rogers, 1994). Suffixes such as Jr. must not be included in the quotes.

If the quoted work has up to five authors, the first time the reference is presented all of them must be included, followed by the year. The next times all of them are included if the authors are one or two; if they
are three to five, the last name of the first author is written, followed by “et al.” and the year of publication. If they are six or more authors, the first and subsequent times the surname of the first author is included followed by “et al.” and the year of publication. Example: ...non-verbatim idea (Payne, Whitehurst, & Angell, 1994). Second time and subsequently: ...non-verbatim idea (Payne et al., 1994). Exception: if two references with more than three authors and with the same year are cited, the quote will be shortened naming the first author and the necessary ones in order to distinguish the two references, followed by et al. Example: If the references are Castro, Zúñiga, Pereira, Valdivia, and Ossandón (2001) and Castro, Zúñiga, Silva, Valdivia, and Montero (2001), the quote is: (Castro, Zúñiga, Pereira, et al., 2001; Castro, Zúñiga, Silva, et al., 2001). If the years are different, the exception does not apply.

If the quote corresponds to the work of an institution, the first time it is quoted the full name of the institution must appear, followed by its abbreviation between brackets. The following times it is quoted, only the abbreviation is indicated. Do not use the abbreviation if it will not be used again in the text. Example: ...non-verbatim idea (Fundación Educacional Arauco [FUNDAR], 2004). Second time and subsequently: ...non-verbatim idea (FUNDAR, 2004).

If several works related to an idea are cited, the authors are included in parentheses in alphabetical order and separated by semicolons. Example: ...non-verbatim idea (Jonson, 1997; Parkin, 1996; Spencer & Raz, 1994).

If citing an author that is quoted in the work of someone else, indicate the former first followed by the year of publication, followed by “cited in” and the surname of the author and year in which it was quoted. The work of the main author whose work was effectively reviewed must be entered in the reference list. Nevertheless, whenever possible, the original work should be read and quoted. Examples: ...non-verbatim idea (Kobak, 1989, cited in Crowell & Treboux, 1995). Kobak (1989, cited in Crowell & Treboux, 1995) points out that...

If two or more works by the same author are quoted at the same time, his/her/their surname/s are indicated only once followed by the years of publication in parentheses, from oldest to newest, separated by commas. Example: ...non-verbatim idea (Bandura, 1969, 1973, 1977).

If works by the same author (or by the same two or more authors in the same order) with the same publication date are quoted, they must be identified by the letters a, b, c after the year. These letters are assigned, in accordance to the order in which they are quoted in the text, repeating the same order in the reference list. Examples: Varela (2000a) points out that ...; ...non-verbatim idea (Varela, 2000a, 2000b).

When quoting works of authors in which the first author and date of publication are the same but the other authors are different, the first time it is quoted all the surnames are written (if they are five or less) and, to differentiate them, the second time and subsequently, the first and second authors’ surnames are written, followed by the year of publication. Examples:

Roberts, Ferguson, McDonald, and Morris (1992) think that... (first quote)
Roberts, Ferguson, et al. (1992) (second quote)
Roberts, Rock, Levy, Merton, and Jones (1992), on the contrary, point out that... (first quote)
Text... (Roberts, Rock, et al., 1992) (second quote)

When two works with the same date and by authors with the same surname (but different authors) are quoted, the initials of the author’s first name are entered to differentiate them. Examples: (Y. Mergusen, 1991); (S. E. Mergusen, 1991).

When two works by different authors with the same surname and the same first name initials are quoted, the full names of each are written to differentiate them. Examples: (Paul Janet, 1876), (Pierre Janet, 1906).

When a translated or republished work is quoted, the year of the original work is placed, slash, year of republishing. Example: (Freud, 1900/1953).

When a work has several volumes with different years and they are all quoted, the first-last years are placed. Example: (Koch, 1959-1963).

When dealing with a paper, conference or poster presented in a symposium, seminar, or another event, besides the year, the month is written (starting with capital letters). Example: (Hoffman, L. & Goolishian, H., 1989, June).
When dealing with an article read in a newspaper, newsletter, or written bulletin, the exact date when it was written is pointed out. Example: (Arrigo & Welch, 2008, July 22).

If the work has no author, including legal material, quote the first words of the title (using capital letters of the main words) and the year. If it is the title of an article or a chapter, it must go between double quotation marks; if it is a magazine, book or report, it must be in italics. Examples: ...non-verbatim idea (“Study Finds”, 1982); ...as is pointed out in the book College Bound Seniors (1979).

If the publication date is not applicable, as in the case of ancient books, quote the year of the translation used, preceded by trans., or the year of the version used, followed by version. Example: (Aristotle, trans. 1931). If the date of the original publication is known, include it in the quotation. Example: (Castelleto, 1890/1995).

To quote a specific part of a source, the page, chapter, figure, table, or equation must be indicated. Page is abbreviated (p.), but not chapter. Examples: (World Health Organization, 2004, p. 15); (Portales, 2005, Chapter 4).

To cite an interview or personal communication, the initial of the first name, surname, personal communication and precise date are placed. Since it is not possible to retrieve the information of personal communications, they are not included in the reference list. Example: (J. Smith, personal communication, August 15, 2001).

Verbatim quotations. If the idea is quoted verbatim, it must be placed between double quotation marks, followed by the page number of the work from which it was taken. If part of the text is omitted, it is replaced by (...). When something is added to the quote which was not written by the author, it must be placed in square brackets. Examples:

“Men act in the world and change it; in turn they are changed by the consequences of their actions” (Skinner, 1981a, p. 11).

Skinner (1981a) states that “men act in the world and change it; in turn they are changed by the consequences of their actions” (p. 11).

“The incorporation of women into the labor market (...) is the most important explanatory action in the configuration of the modal Chilean family” (Muñoz, Reyes, Covarrubias, & Osorio, 1991, p. 29).

If the quote was taken from an electronic source with no page numbers, use the paragraph number if available, preceded by the abbreviation “para.”. When there are no visible paragraph numbers, the subtitle or section in which the quote appears and the paragraph number within the subtitle must be written. Examples: ...verbatim quote (Myers, 2000, para. 5); ...verbatim quote (Beutler, 2000, Conclusions, para. 1).

If the verbatim quote is 40 words or longer, a new line must be started, with an indentation of 0.63 cm on the left and right margins for the whole block, leaving a 4-point space before and after the quote. Quotation marks must not be written, and the corresponding source must be indicated, followed by the page or pages of the text from which the quote was extracted, in parentheses after the full stop. No period is needed after the parenthesis. Example:

In relation to this, Berman (1998) emphasizes that:

Schools have had to relegate this vital element to the social subjects of the curriculum, where democratic participation is generally taught through readings and text books rather than through involving young people in activities that contribute to the well-being of others and society. (p. 27)

References

Each reference cited in the text must appear in the reference list and each entry in the reference list must be cited in the text. Moreover, there must be total coincidence in the spelling of author’s name and year of publication on both parts of the article. Classical works, such as religious books or ancient Roman or Greek texts, or personal communications, are not listed in the reference list.

Order of references in the reference list. Entries in the reference list must be placed in strict alphabetical order considering the first author’s surname. When the reference has no author, the title of the
article should be written (from the first main word, omitting articles).

a) Entries by the same author (or authors in the same order) are ordered by year of publication, placing the earliest one first.

b) Entries by only one author precede those of multiple authors with the same first author.

c) Entries by the same first author and other different authors are ordered alphabetically by the surname of the second author and so on.

d) Entries by the same author (or authors in the same order) with the same publication date, are listed according to the order in which they were quoted. The lowercase letters used to indicate the order in which they were cited in the text are included immediately after the year of publication, in parentheses.
   Kaufman, J. R. (1990a). Control...
   Kaufman, J. R. (1990b). Functions of the...

e) Entries which correspond to corporate names are ordered according to the first meaningful word of the department, association or institution. Full names must be used, not abbreviations.
   American Psychological Association (1994).

   In the case of a Ministry or an institution which may have the same name across several countries, the country is written first and then the institution, preceded by a comma. If the author is an office or subdivision of the main institution, this is pointed in the publisher's part.

f) If the work has no author, the title is placed instead of the author's surname and the entry is alphabetized according to the first meaningful word of the title (without considering articles).

   For example, in the case of “The Merriam-Webster's Collegiate Dictionary”, the entry in References must follow the alphabetical order in relation to the word “Merriam” and not “The”, as follows:
   Martin (2008)

Reference elaboration in relation to the type of work. The surname and the initial of the first name must be provided (the two first initials—or three—when the author has two—or three—names or has a name and an initial or initials, as is often the case with North American writers) for all the authors if they are seven or less.

If the authors are seven or fewer, all of them are listed. Example:

If the authors are eight or more, the first six of them are listed, then three ellipses are inserted (...) and the name of the last author is added. Example: If the authors of a work are Sadek, J., Johnson, S., White, D., Salmon, D., Taylor, K., Paulsen, J., Heaton, R., & Grant, I., the entry of this work in the reference list will be as follows:

   Place a period after every initial. Use a comma to separate the author’s surnames and initials and to separate the authors between them. Use “&” before the last author. Example:

   If two authors have the same surname and share the initial of their first names, write in brackets the name of each one. Example:


In order to highlight the first author's surname, the second and following lines of the reference must use a left indentation of 0.63 cm.

**a) Periodicals**

**- Scientific journal article**

The author's surname is included, then comma, space, the initial or initials of the author's first name (if there is more than one initial, they are separated by a period and a space) followed by a period, space, publication year in parentheses, period, space, title of the article, period. The title of the article is written without italics and using capital letters only for the first word, except for proper nouns or names of specific instruments. Then place in italics the name of the journal with the main words in capital letters, comma in italics, space, the volume of the journal in italics and Arabic numerals, comma in italics, space, the pages separated by a hyphen in normal font and period. This should be followed by the Digital Object Identifier (DOI), if assigned. This must be written as https://doi.org/xx.xxxxxx (no period should be placed at the end).

When the title contains a colon (:), if it is written in English, the first word after the colon begins with a capital letter; if it is written in Spanish, use lowercase.

In original titles whose language is other than Spanish or English, the title is written in the original language and, then, the English translation in brackets.

If the journal has more than one issue for each volume and the pagination of each starts with page 1, next to the volume number, in parentheses, place the corresponding issue in normal font and with no space between the volume number and the parenthesis, then comma in normal font and the corresponding pages in normal font. If the page numbers of each issue of the volume are consecutive, the corresponding issue is not written in parentheses. **Examples:**


If the article was accessed online and has an assigned doi, it is referenced as if it was read in the print version. **Example:**


If the article was accessed online and DOES NOT have an assigned doi, the URL of the journal must be provided. If it was not read in the journal's website, the exact address of the place where it was read must be provided. The access date must not be reported. **Example:**


If the journal has no volume expressed in numbers, but only in months or seasons, or if it is a special publication, instead of the volume number, the month or season is typed in italics, followed by a comma in italics, or the text “special publication”. Example:

If the article is online before its printed version, it should be noted, adding the doi, if any, and the exact address where it was read. Example:

- **Special issue or section in a scientific journal**

  The editor's surname is written, a comma, the initial or initials of the first name (if there is more than one initial, they are separated by a period and a space) followed by a period, (Eds. in parentheses), period, year of publication in parentheses, period, space, title of the subject or section in brackets [Special number or Special section], period. The title of the issue or section is written in italics and with capital letter only for the first word, excepting proper nouns or specific instruments, then, in italics the journal's name with the main words in capital letters, comma in italics, space, the journal's volume in italics and Arabic numerals, comma in italics, space, the pages separated by a hyphen in normal font and period (in the case of a section). Example:


- **Non-specialized magazine article**

  Next to the year, in parentheses, the date shown on the publication must be written, the month for monthly publications, and the day and the month for weekly publications. Then, the name of the magazine is included, the number of the volume and the pages. Example:


  If the article has been taken from the Internet, the page numbers are not written; the electronic address is written instead. Example:


- **Article with no author in an Internet newsletter**

  When the author of the article is not identified, the reference starts with the document’s title instead of the author, then the year and the month in parentheses, period, newsletter’s name in italics, period. Finally, the exact Internet address of the document is provided. Example:


- **Newspaper article**

  The author's surname is written, a comma, a space, the initial of the first name followed by a period, space, publication date (year, comma, space, month in capital letter and day of the publication) in parentheses, period, space, article's title, period. The title of the article is written in italics and with
capital letter only for the first word. Then a space after the period and the newspaper's name in italics are included, with the main words in capital letters, comma in italics, space, “p.”, space, and page number. If there is more than one page, “pp.” is written, space, and the page numbers separated by a hyphen. If the pages are not continuous, they are separated by a comma. \textbf{Examples:}


If the newspaper is an Internet publication and the article has no page number, include the section in which the article or news is included. The electronic address of the article must also be provided. The retrieve date should not be written. \textbf{Example:}


- \textbf{An abstract or summary}

Although it is preferable to cite the full text of an article, if an abstract or summary is being quoted, it must be pointed out in brackets that it is an Abstract or Summary, along with the database used (and access number) or its URL. \textbf{Example:}


b) Books

- \textbf{Entire book}
  - \textbf{Print version}

The author's surname is written, a comma, a space, the initial/s of the first name followed by a period, space, year of publication in parentheses, period, space, book’s in italics and capital letter only for the first letter of the first word or the first letter of proper nouns, period, space, city of publication, country of publication, colon, space, publisher and period. The city is written in the original language and the country is written in English. In the case of the United States, rather than the country, indicate the abbreviation of the state to which the city belongs. For the publisher, use the shortest possible name which can be understood, omitting terms such as Publishers, Co., Inc., and S.A. If the publisher operates in two cities, the first one which appears must be included; if this is not specified, use the location of the headquarters. \textbf{Examples:}


If the author is the same as the publisher, \textit{Author} must be used. \textbf{Example:}


If it is an edition different than the first one, it is added in parentheses after the title, abbreviating the edition as \textit{ed}. \textbf{Example:}


If the book has been reprinted, the year when the book was first published/year of reprint is written.
The reprint is written in parentheses after the title, leaving only a space and in normal font. It is not abbreviated. Example:

If the book has been translated, the year when the book was first published/year of translation is written and the translator/s' name and the original title are added. These are written in parentheses after the title. This must be done with any translated work. Example:

- **Electronic version of print book**

When dealing with an electronic version of a print book, instead of the publisher and location, the retrieved version is included in brackets along with the electronic address from which it was obtained. If the book has a doi assigned, it is also added at the end. Example:

- **Electronic-only book**

Instead of the publisher and its location, use the electronic address from which the book was retrieved. If it is a translation, the translator (Trans.) and the translation of the title is given in parentheses, reporting the original title, if it is not the same as the translated one. Example:

If no date is found, enter n.d.

- **Electronic version of a republished book**

Instead of the publisher and its location, the electronic address from which it was retrieved is written and at the end, the year when the book was originally published. Example:

- **Edited book chapter**

The chapter's author is written, a comma, a space, the initial of the first name followed by a period, space, year of publication in parentheses, period, space, chapter title in normal font and capital letter only for the first letter of the first word or the first letter of proper nouns, period, space, “In”, space, initial of the first name of the editors or compilers, period, space, surname, space, in parentheses if they are editors or compilers (“Ed.” or “Eds.” for editor or editors, respectively, “Comp.” o “Comps.” for compiler or compilers, respectively), comma, space, book title in italics and capital letter only for the first letter of the first word or the first letter of proper nouns, space, “p.” o “pp.”, space and , in parentheses, the pages of the book (separated by a hyphen) on which the chapter appears, period, space, city of publication, country, colon, space, publisher and period. For full books with several volumes, enter the starting year and the completion year separated by a hyphen and with no page numbers. If the chapter read is an electronic version, instead of the publisher and its location, the electronic address must be written. If the book has a doi assigned, it is also added at the end. Examples:
If the publisher is the same as the Editors, Compilers or Author, it is placed at the end (city: Author/s, Compiler/s, Editor/s). **Example:**


- **Dictionary or encyclopedia**

  The name of the author or editor (Ed. in parentheses for editor), then the title of the dictionary or encyclopedia, a space, the number of the edition if the first edition is not used, comma and the volume used. For dictionaries or encyclopedias with a large editorial team, only the main editor is included followed by et al.


c) **Technical and research reports**

  The author’s surname is written, a comma, a space, the initial of the first name followed by a period, space, year of publication in parentheses, period, space, title of report in italics and capital letter only for the first letter of the first word, the number assigned to the report by the organization in parentheses in normal font, period, space, city of publication, colon, space, name of the specific department, institution, office, or specific institute which published or produced the report, period. **Examples:**


  If it is a report from a University, the name of the university is included first and, after a comma, that of the department or specific organization within the university which produced the report. **Example:**


  If the report was retrieved online, identify the editor as part of the electronic address, unless the editor is also the author. **Example:**


d) **Papers, conferences and other contributions to meetings, congresses and symposia**

  The surname of the author of the presentation is written, a comma, a space, the initial of the first name followed by a period, space, year and month of the symposium or meeting (first letter in capital letter) separated by a comma, period, space, title of the contribution in italics and capital letter only for the first letter, period and space, “Paper presented at”, name of the congress or meeting in normal font and with the main words in capital letters, comma, space, name of the organization which organized or conducted the congress or symposium, city, coma, space, country, period. **Example:**


  If the paper was presented at a Symposium or a Round-Table discussion, its title must be indicated in italics along with the name of the coordinator. **Example:**

  Cumsille, P. & Graham, J. (2001, July). Modelaje de curvas de crecimiento en la evaluación de programas de prevención de consumo de alcohol y drogas. In P. Cumsille (Coord.), *Methodological strategies for the study of psychological processes: Applications to the study of alcohol and drug use.* Symposium held at the XXVIII Interamerican Psychology Congress of the Interamerican
Society of Psychology, Santiago, Chile.

If the paper was retrieved from the Internet, the electronic address must be placed after the full stop, with the text Retrieved from xxxxxxxxx

If the contribution is included in a printed collection (Proceedings), it is quoted in the same way as a print book. If the collection is regularly published on the Internet, it is quoted in the same way as an article, adding in both cases the doi, if assigned.

e) Theses and dissertations

- Published

The author's surname is written, a comma, a space, the initial of the first name followed by a period, space, year in parentheses, period, space, title of the Thesis or Dissertation in italics and capital letter only for the first word (excepting proper nouns or specific instruments), space and in parentheses (-- Master's or Doctoral—Thesis or Doctoral Dissertation or Thesis), period, then its electronic address. If the thesis was retrieved from a university database, after (--Master's or Doctoral—Thesis), a comma is placed, university, city, country. If the thesis or dissertation is in a database of a specialized service, the name of the database and the order or access number must be given. Examples:


- Unpublished

The author's surname is written, a comma, a space, the initial of the first name followed by a period, space, year in parentheses, period, space, title of the Thesis or Dissertation in italics and capital letter only for the first word (excepting proper nouns or specific instruments), space and in parentheses unpublished—Master's or Doctoral—Thesis or unpublished Doctoral Dissertation or unpublished Thesis, comma, space, University, comma, space, city, comma, space, country, period. Example:


When the name of the University includes the city, do not repeat the city.

f) Unpublished manuscripts

Unpublished works are those submitted for publication, completed but not submitted for publication, and works in progress. Works which have not been formally published but which are available in a Web site or electronic file are also considered within this category.

If the work is available on an electronic file, this must be pointed out at the end. If it is being reviewed or if it is in preparation to be submitted for publication, a date prior to the expected publication date must be entered.

- Manuscript submitted and accepted for publication

A manuscript is considered to be in press when it has been submitted and accepted for its publication on a journal. The journal in which it was accepted is named, in italics. Example:

- **Manuscript submitted for publication in process of reviewing**

  The manuscripts which have been submitted for publication to a journal and are in reviewing process are considered in this section. A date prior to the final publication must be entered, and the magazine must not be included in the reference. At the end it must be pointed out: “Manuscript submitted for publication”. **Example:**

- **Manuscript in progress**

  This reference is entered in the same way as the previous one, and at the end it must include the text “Manuscript in progress”.

- **Unpublished manuscript associated to a university**

  After the title and the period, “Unpublished manuscript” must be added, coma, space, name of the department or school (if applicable), comma, space, name of the university, comma, space, city, comma, space, country, period. If the university is in the United States, add the abbreviation of the state. If the name of the city/country is included in the university name, do not repeat it. **Example:**

- **Unpublished manuscript associated to an organization**

  If the author belongs to an institution, the institution's name is included, as well as the city and the country. **Example:**

- **Manuscript not submitted for publication**

  The year in which the manuscript was completed must be indicated. Place a period after the title, which must be in italics, then, space, “Unpublished manuscript” and period. If the city is known, include the name of the city, comma, and period. If it has been retrieved from the Internet, its electronic address must be entered at the end. **Example:**

g) **Non-periodical Internet documents**

- **Chapter or section of an Internet document**

  The title of the section or chapter which was reviewed must be indicated, then “In” followed by the title of the full document (in italics) and, finally, include instead of the page numbers, without italics and in parentheses, the identification of the section or chapter (if available). Provide the electronic address which leads directly to the section or chapter. **Example:**

- **Multi-page document created by a private organization**
When a document on the Internet is made up by multiple pages (for example, different sections have different electronic addresses), indicate the electronic address which leads to the document's initial page. If the date of publication of the document is not available, (n.d.) must be used. **Example:**

- **Document available on a Web page which belongs to a university or government program**

If the document is contained within a vast and complex website, identify the main organization and the relevant program or department before listing the electronic address for the document itself. Place a colon before the address. **Example:**

- **Internet document with no author or date identified**

When the author of the document is not identified, the reference starts with the title of the document instead of the author, then, in parentheses (n.d.), period, the institution in italics, the section in normal font, and the electronic address of the document. **Example:**

**h) Audiovisual media**

These include films, TV programs, videos, maps, pictures, or any other audiovisual media.

In general, the producer or director must be mentioned, or both. Enter in brackets the type of media and the city and country of origin (for the films, only the country is written). **Example:**

If the media is available on the Internet, instead of city and country, the electronic address is entered: Retrieved from xxxxxxxxxxxxx

**i) Data sets, software, measurement instruments, and apparatus**

Commonly used software such as Word, Excel, Java, Adobe, Photoshop, SAS, and SPSS are excluded from the reference list.

For software or programs of limited distribution, the name of the program and the version number must be provided in the reference list. Write the name of the holder of the rights to the program (if published), comma, the year in parentheses, the name of the program, the version number in parentheses (if applicable), comma, description of program type in brackets, period, location, colon, name of the producer. If the name of the holder of the rights is not published, enter the name of the software or data set instead of the name of the program. Do not type the name of the software, program or data set in italics.

If it has been retrieved from the Internet, replace the location and name of the producer with: Retrieved from xxxxxxx

**Examples:**
j) Archival documents and personal collections

Archival sources include letters, unpublished manuscripts in possession of the author, limited-circulation brochures and pamphlets, in-house institutional and corporate documents, clippings, as well as non-text materials, such as photographs and apparatus that are in the personal possession of an author, form part of an institutional collection or are stored in an archive.

The general format is:
Author, A. A. (year, month, day). Title of material [Description of material]. Name of the collection.
Name and location of the place of storage.

In interviews, the interviewee is entered as the author, and the name of the interviewer is added to the description. Examples:

k) Internet message boards, electronic mailing lists and other online communities

The general format is:
Author, A. A. (year, month day). E-mail title [Description of form]. Retrieved from xxxxxxxxx

The name of the author can be real or a nickname. Example:

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